

# ARCHBISHOP RUMMEL **RAIDER** CROSS COUNTRY

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## 2019-2020 Rummel Cross Country Schedule

Saturday, Sept. 7 – Mount Carmel Invitational @ City Park (8AM-12PM)  
Saturday, Sept. 14 – Episcopal Round Table Run @ Highland Park, Baton Rouge (8AM-12PM)  
Thursday, Sept. 26 – Newman Invitational @ Audubon Park (3PM-5:30PM)  
Saturday, Oct. 5 – St. Joseph’s Invitational @ Highland Park, Baton Rouge (8AM-12PM)  
Saturday, Oct. 12 – Catholic High Invitational @ Highland Park, Baton Rouge (8AM-12PM)  
Saturday, Oct. 19 – Sugar Bowl Meet @ City Park (8AM-12PM)  
Saturday, Oct. 26 – OFF  
Thursday, Oct. 31 – District 9-5A Championships @ City Park (4PM-5:30PM)  
Saturday, Nov. 2 – JH/JV Metro @ City Park (8AM-12PM)  
Friday, Nov. 8 – Regional 3-5A Championships @ City Park (4PM-5:30PM)  
Tuesday, Nov. 19 – State Championships @ Natchitoches, LA (2PM-4PM)