

## ATHLETIC PHYSICALS

**PHYSICALS WILL BE GIVEN AT ARCHBISHOP RUMMEL IN THE RAIDER ROOM ON SATURDAY, AUGUST 20th.**

**8TH, 9TH, JUNIOR VARSITY and VARSITY ATHLETES NEED A PHYSICAL**

COST OF THE PHYSICALS WILL BE \$25.00. (CASH OR CHECK MADE OUT TO ARCHBISHOP RUMMEL HIGH SCHOOL)

ATHLETIC PACKETS ATHLETIC PACKET INFORMATION MUST BE COMPLETED BY PARENTS BEFORE YOU ARRIVE FOR THE PHYSICAL.

ALL ATHLETES ( CROSS COUNTRY, SWIMMING,CHEER, FOOTBALL, WRESTLING, TRACK, SOCCER,BASKETBALL,POWERLIFTING, BOWLING, TENNIS, GOLF, BASEBALL, LACROSSE, FRISBEE, FISHING) MUST HAVE A COMPLETED PACKET WITH THE PHYSICAL BEFORE THEY CAN PRACTICE.

PACKETS CAN BE PICKED UP AT THE RECEPTIONIST DESK OR ON CHECK IN DAY FROM THE ATHLETIC TABLE

STUDENTS MAY RECEIVE A PHYSICAL FROM THEIR DOCTOR, BUT ENTIRE PACKET MUST BE COMPLETED.

### TIME TO REPORT

8 A.M.- SENIORS and JUNIORS REPORT

8:45 A.M.- SOPHOMORES and FRESHMEN

9:15 A.M.- 8TH GRADERS and CHEERLEADERS